

# Safeguarding Policy

Cheadle u3a Group Leaders September 2023

### u<sub>3</sub>a

"u3a shows the value of communities of interest and learning which are not defined by age, or by past experience, but instead are defined by the experiences still to be explored".





#### Purpose of this session

- To introduce the updated Cheadle u3a Safeguarding Policy
- To have the opportunity to become familiar with the process
- To discuss questions and queries
- To support all members of Cheadle u3a.



# **Defining Safeguarding**

 Safeguarding means protecting people's health,
wellbeing and human rights, and enabling them to live free from harm, abuse and neglect.

 Making sure people's wellbeing is promoted, taking their views, wishes, feelings and beliefs into account
Ref: Care Quality Commission



# Safeguarding Adults

- "Adult safeguarding is a complex issue to deal with as adults have the right to self-determination as well as the 'right to a private and family life". (Human Rights Act).
- We also have to consider an individual's mental capacity to make "informed choices". Does the person adequately understand the situation they are in and are they aware of the potential consequences to their own wellbeing



# Safeguarding and the u3a

- Safeguarding is everybody's business
- U3a' have a duty of care to their membership
- We all have a duty to safeguard people
- Committee members need to be aware of the law and further guidance for safeguarding.